











PLAYS OF THE WEEK

XAVIER NEWSLETTER #167

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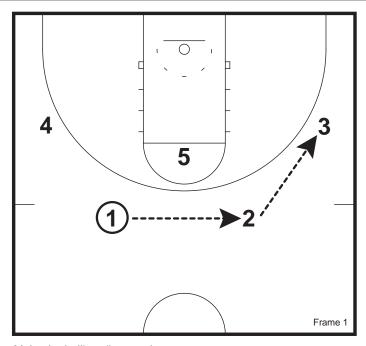


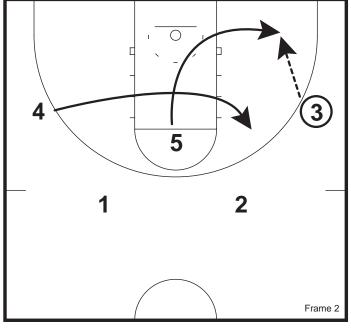
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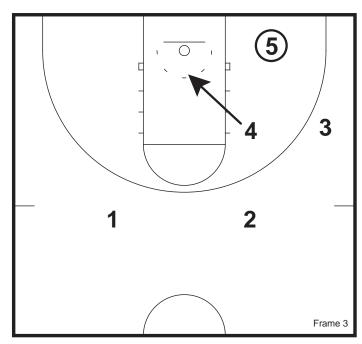
ZONE OFFENSE - QUICK 2-3 ATTACK





Make the ballhandler use the screen.

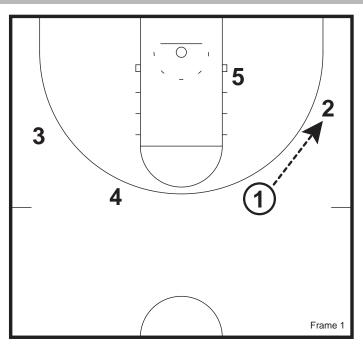
On the baseline drive rotation occurs as 3 passes to 5.

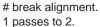


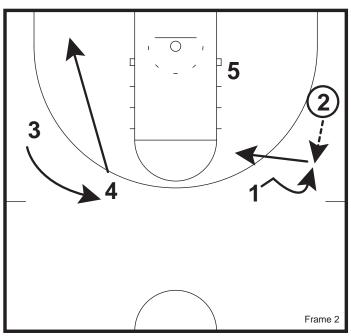
The rotating defense is exploited as 4 cuts for 5's pass.



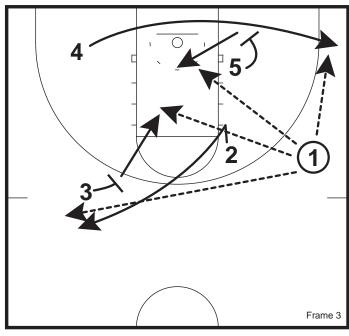
ZONE OFFENSE - # BREAK HANDOFF PAIRS - BROWN







1 sprints behind 2 and receives a handoff. 3 and 4 interchange.

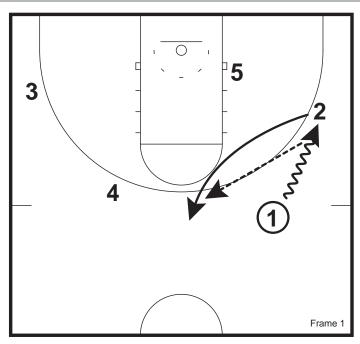


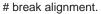
- 5 screens in the bottom of the zone for 4.
- 3 screens in the opposite guard for 2.
- 1 sees both 4 and 2 cutting.
- 3 and 5 can "slip".



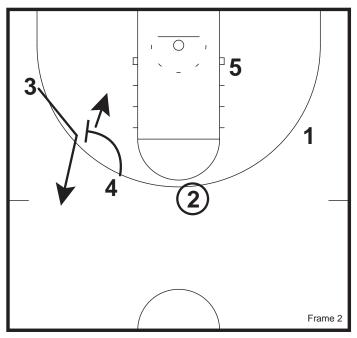


ZONE OFFENSE - # BREAK SET - REVERSE

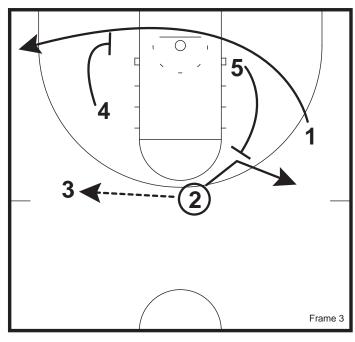




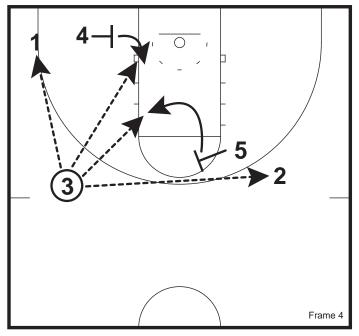
- 1 dribbles at 2.
- 2 replaces 1.
- 1 passes to 2.



- 4 screens the top of the zone for 3.
- 3 uses the screen.
- 4 has a possible slip.



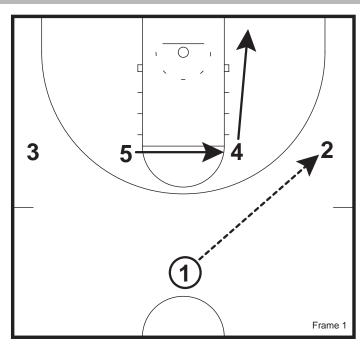
- 2 passes to 3.
- 4 then screens along the baselien for 1.
- 5 flare screens for 2.



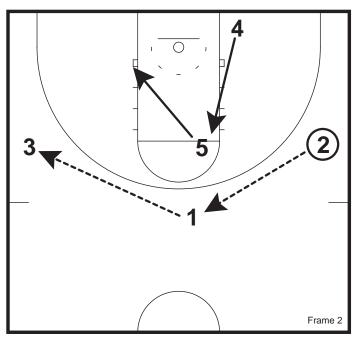
3 has 4 options - 1 and 2 cutting off of their screens and 4 and 5 "slipping" after screening.



ZONE OFFENSE - 1-3-1 BALLSCREEN

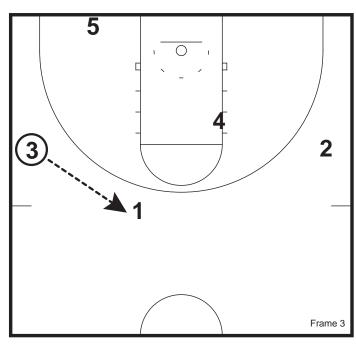


Zone offense for an even numbered front zone (2-3 typically). Starts off in a 1-4 high look.



Looking to get the ball swung from side to side before we ever set a ball screen.

NOTE- look at how close to the baseline we put our 4 and 5 men, creates better spacing against the backline of the zone.

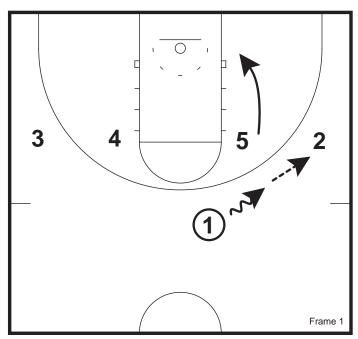


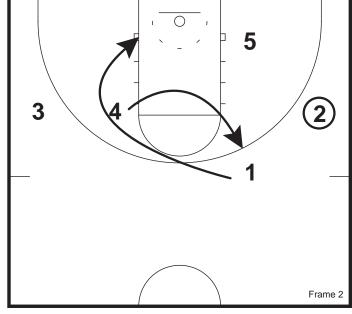
Reverse the ball back to the top, notice how our 1 man is at the lane line extended, better to set up the ball screen.



As 4 sets a ball screen for 1 we want 5 to be all the way to the baseline and 2 to be sprinting to the corner for a shot.

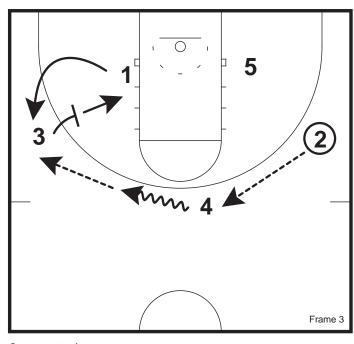
ZONE OFFENSE - 1-4 SET SCREEN THE SCREENER

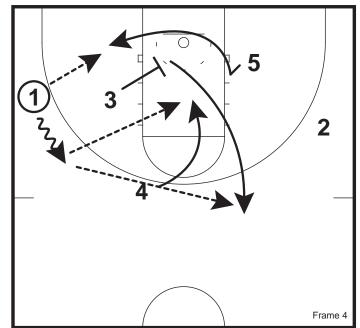




- 1-4 Alignment.
- 1 passes to 2.
- 5 rolls into the post.

- 4 replaces 1.
- 1 cuts to the opposite block.





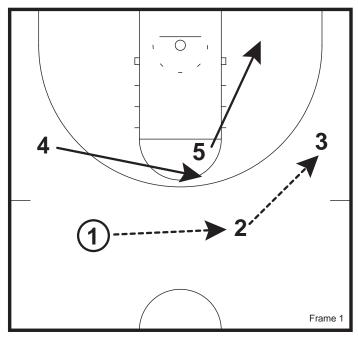
- 2 passes to 4.
- 3 screens in the forward of the zone.
- 1 pops out off of the 3 screen.
- 4 passes to 1.
- 3 has a possible "slip" after screening.

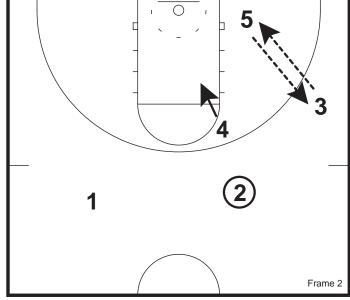
- 3 continues into the lane and screens the zone's center.
- 5 uses the 3 screen.
- 4 screens the guard in the zone.
- 3 then uses the screen.
- 1 sees 5 in the post, 3 at the top, or 4 on the slip.





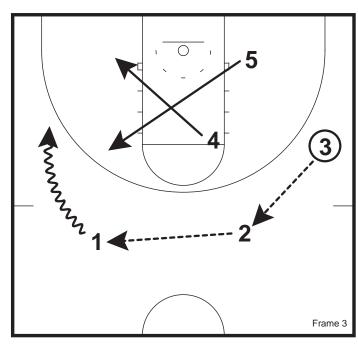
ZONE OFFENSE - 2-3 GOPHER





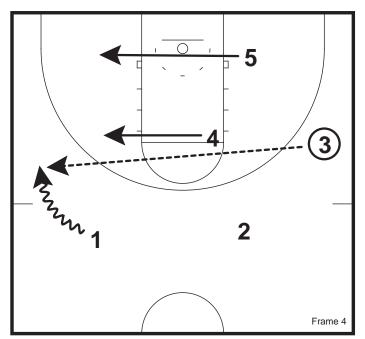
2-3 alignment. The ball is passed to 3. 5 dives and 4 flashes.

3 can pass to the short corner. On the catch by 5, 4 dives.



If the ball is reversed:

5, 4 "X cut" as 1 dribbles foul line extended to the opposite wing.



3 skip passes to 1.

On the catch by 1, 5 searches and flashes in their respective planes across the lane.

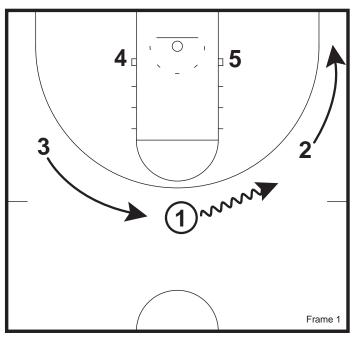
1 dribbles foul line extended.

There is no "X" on a skip pass.

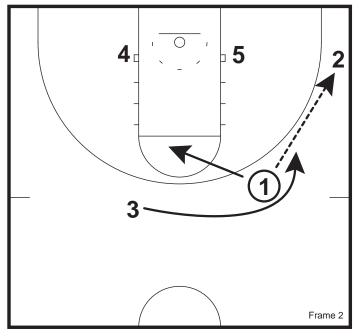




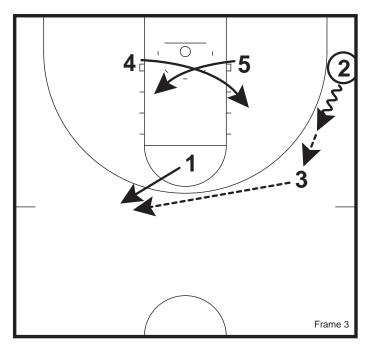
ZONE OFFENSE - 3-2 SET PUSH



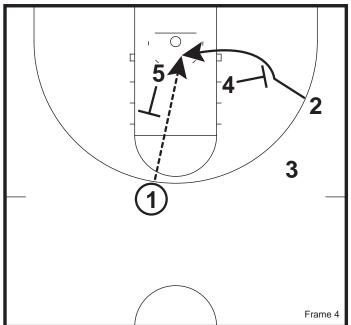
3-2 alignment. 1 dribbles at 2 and pushes 2 to the corner. 3 replaces 1.



1 passes to 2. 3 and 1 interchange positions.



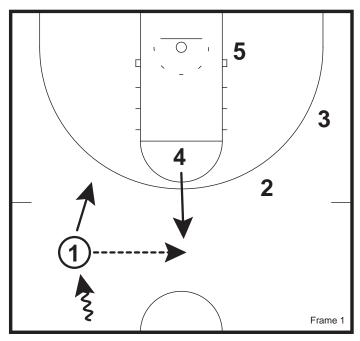
- 2 dribbles up and passes to 3.
- 5 and 4 "X".
- 3 quickly passes to 1.

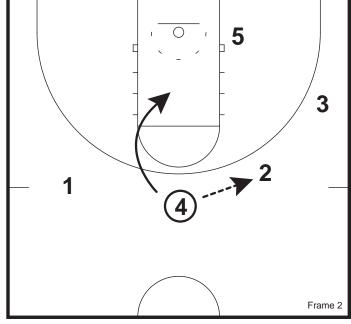


- 4 screens the backside forward.
- 5 screens the back of the zone center.
- 2 cuts for a lob or layup.



ZONE OFFENSE - 4 FLASHER - JOHN LUCAS



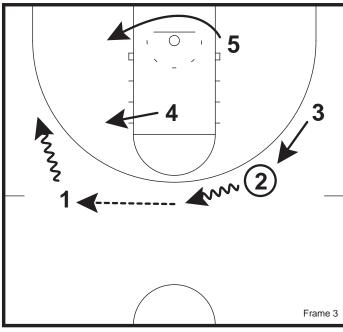


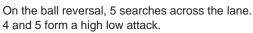
1 passes to 4.

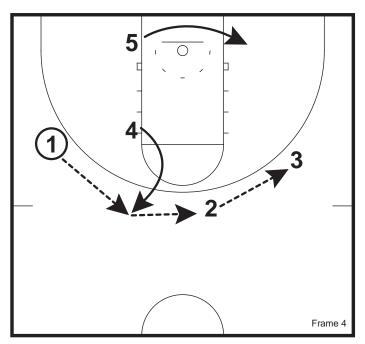
4 uses the entire high post as his domain.

4 passes to 2

After passing, 4 looks to cut into the high post area.



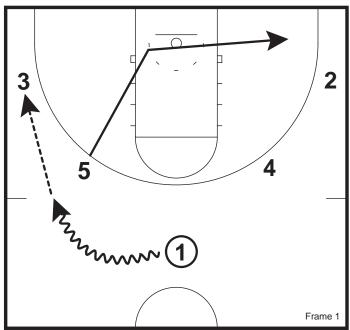




4 can step out to the perimeter, giving the defense a "4 out" look.

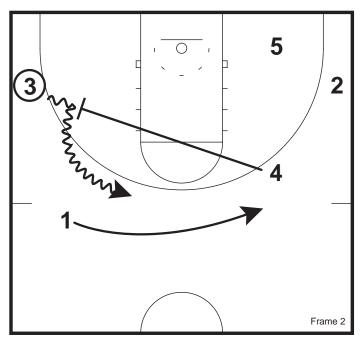


ZONE OFFENSE - 4 IN TROJAN

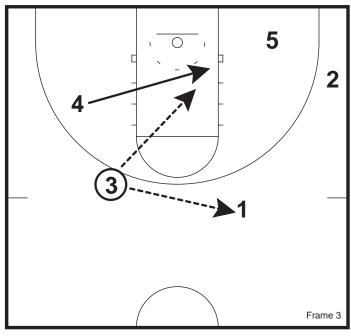




- 1 passes to 3.
- 5 dives down and cuts behind the defense to the weak corner.
- 3 tries to catch it below the FT line to draw.



- 1 works back to the point.
- 4 sprints into an on-ball screen for 3.
- 3 drives it at the high elbow to draw high defenders.
- 1 spaces as 3 attacks.



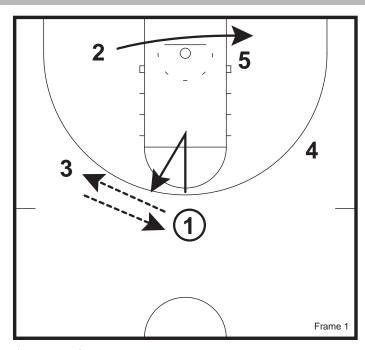
3 looks for 1 with an open shot or 4 cutting to the middle.





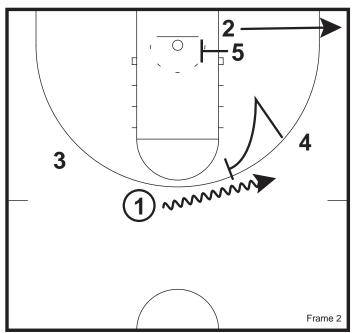


ZONE OFFENSE - BALLSCREEN - LARRY BROWN





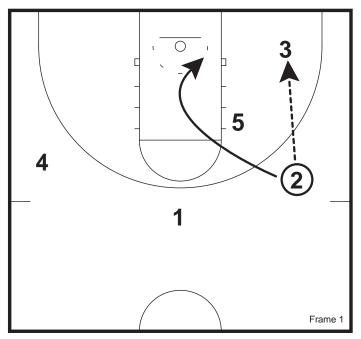
- 3 passes back to 1.
- 2 begins to cut through the lane.



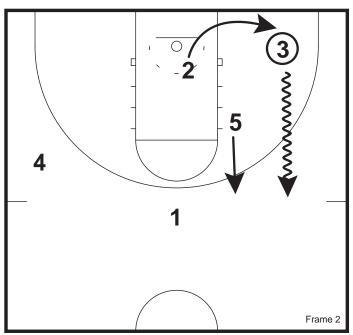
- 4 sets a ballscreen for 1.
- 1 uses the ballscreen as 5 screens and posts.
- 2 cuts into the corner.



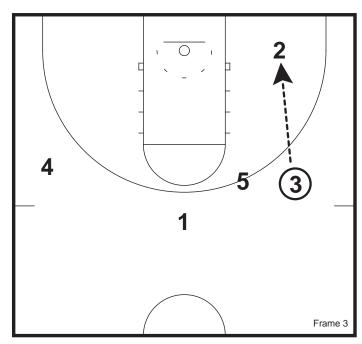
ZONE OFFENSE - BASIC CONTINUITY CORNER



As 1 and 4 finish interchanging, 2 passes to 3 instead of 1. 2 cuts into the lane after passing.



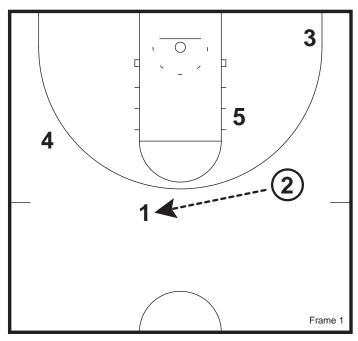
3 dribbles up to the wing. 5 moves to the elbow. 2 circles behind 3



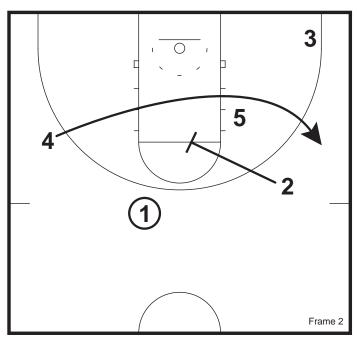
3 passes to 2 for a shot.



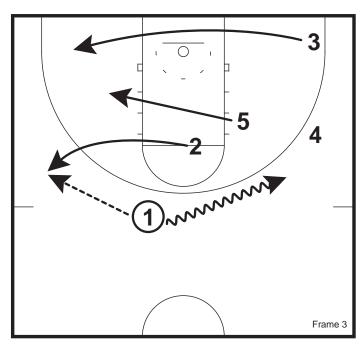
ZONE OFFENSE - BASIC CONTINUITY SWITCH



2 passes to 1. After 1 and 4 interchange.



2 screens in for 4. 1 can throw back to 4 for a shot.

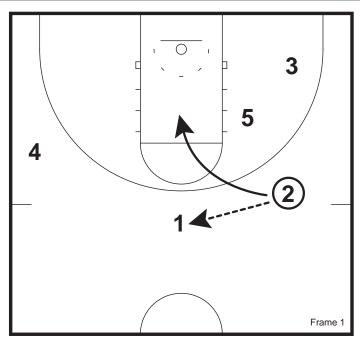


If 1keeps the ball, 2 and 4 switch roles and the continuity continues.

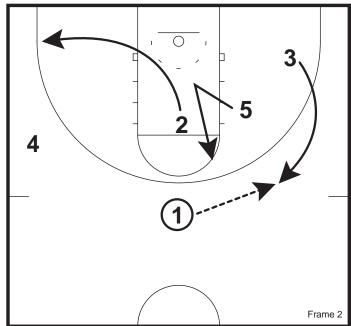




ZONE OFFENSE - BASIC CONTINUITY THROWBACK



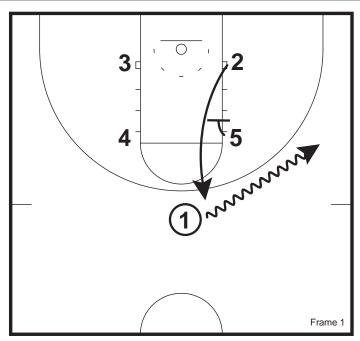
2 passes to 1 after 1 and 4 interchange.

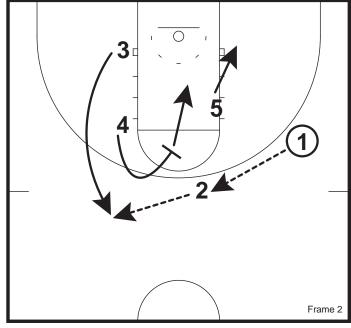


Instead of 1 reversing the ball to 4, he "throws back" to 3 for a shot by 3 or a post by 5.



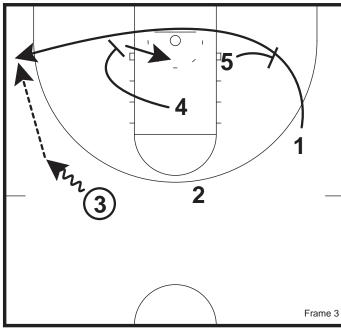
ZONE OFFENSE - BOX SET ZIPPER TO OVERLOAD

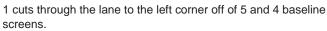




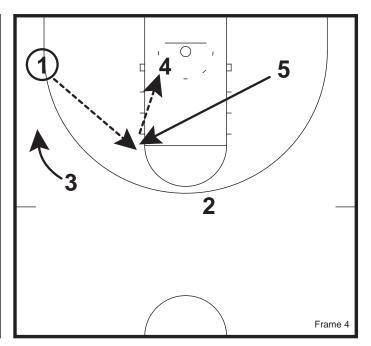
- Box alignment.
- 1 dribbles out right.
- 5 screens in the guard.
- 2 zipper cuts to the top.

- 1 passes to 2.
- 4 screens in the weakside guard.
- 3 uses the 4 screen.
- 2 passes to 3 as 4 looks to slip.





- 3 passes to 1.
- 4 has a possible slip after screening for 1.

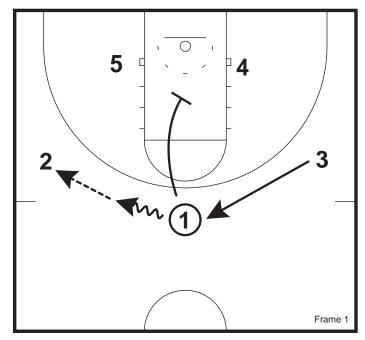


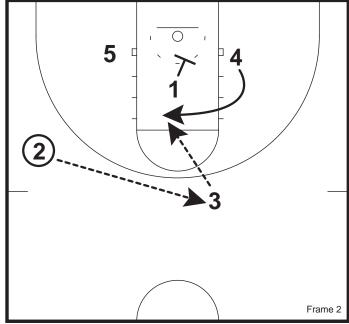
On the catch by 1, 5 flashes to the high post. An overload is formed.





ZONE OFFENSE - CORNER - GENTRY



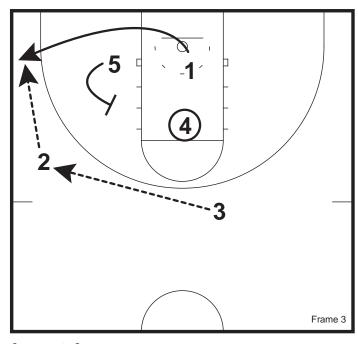


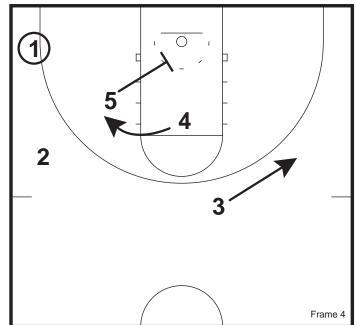
3 out 2 in alignment.

- 1 passes to 2.
- 1 screens the middle of the zone as 3 replaces.

2 passes to 3.

On the catch by 3, 4 uses 1's screen by flashing middle.





3 passes to 2.

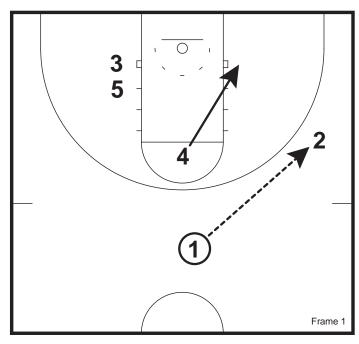
5 screens in for 1 as 1 cuts along the baseline.

2 passes to 1.

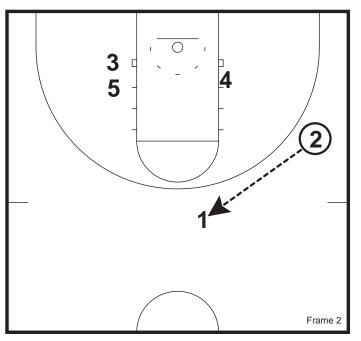
5 "seeks" the next defender and posts up as 4 forms a high low look by flashing.



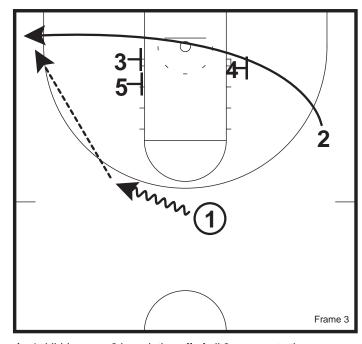
ZONE OFFENSE - CROSS SCREEN



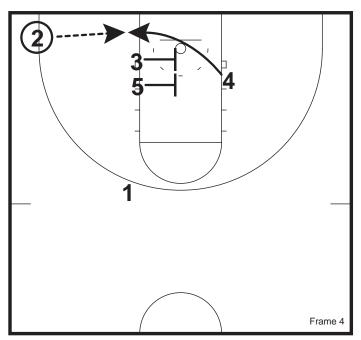
As 2 catches the ball 4 dives to the block.



Get the ball back to the top of the key.



As 1 dribbles over 2 is sprinting off of all 3 screens to the corner.

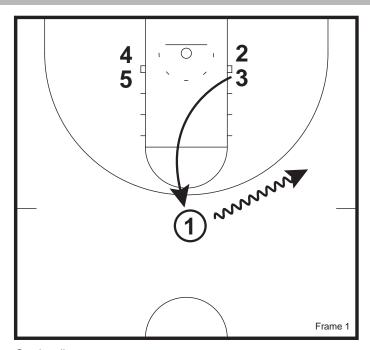


As soon as 2 clears 3's shoulders, 3 and 5 are going across the lane to set a wall on 4's man.



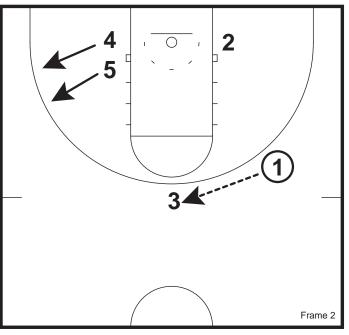


ZONE OFFENSE - DIRECT TO 4 - SCHILLING





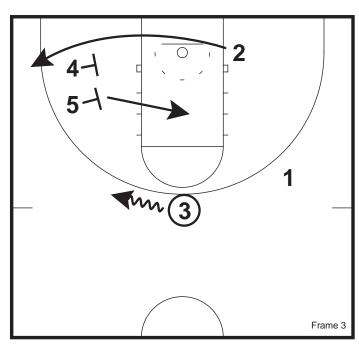
- 1 dribbles foul line extended right.
- 3 replaces 1.



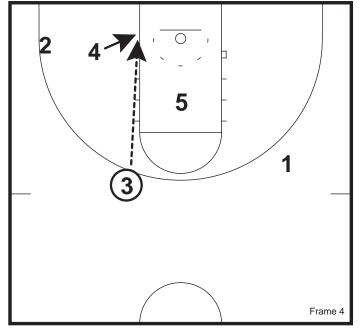
1 passes to 3.

On the catch by 3, 4 and 5 position themselves very wide in a stack.

They want to be wider than the zone.



2 sprints through the lane and uses the 4-5 double screen. The moment that 2 crosses the stack, 5 flashes middle. 3 locks his eyes on 2.

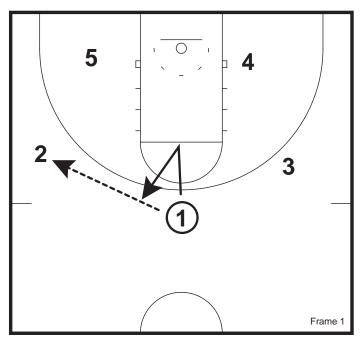


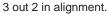
As 2 finishes his cut and 5 finishes his flash - 4 cuts behind the defense.

3 passes to 4.

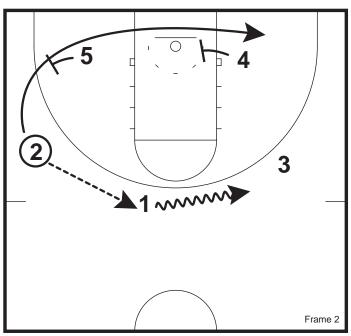


ZONE OFFENSE - DIRECT TO 4 - USC 08



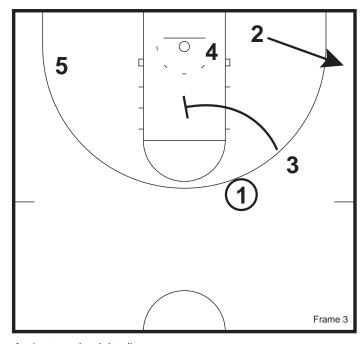


1 passes to 2 then replaces himself.



2 passes back to 1.

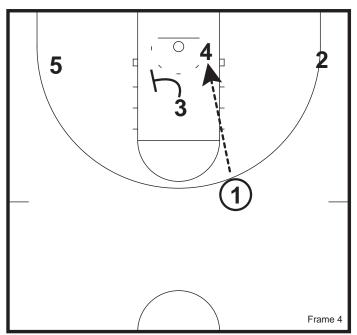
5 and 4 screen along the baseline for 2 as he cuts through the lane.



As 1 enters the right elbow.

3 screens the center of the zone.

1 looks at 2.

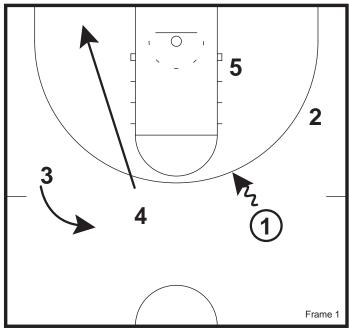


1 passes to 4 behind the defense.



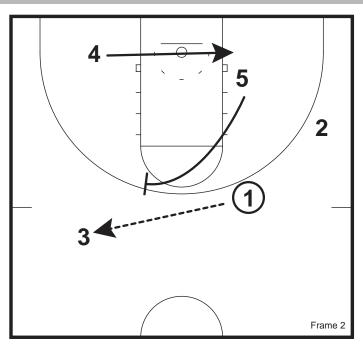


ZONE OFFENSE - DIVE vs ZONE - LARRY BROWN

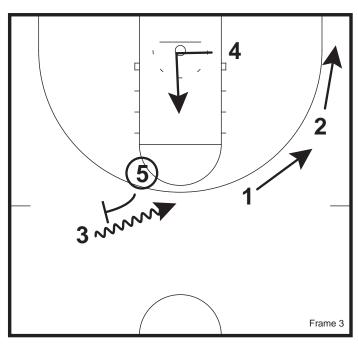




3 pops out.



- 1 passes to 3.
- 5 sprints to set a ballscreen on the zone.
- 4 goes under the hoop.



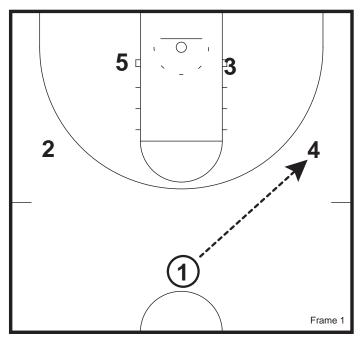
3 uses the ballscreen.

4 sucks in as 1 and 2 move to an open area away from 3's penetration.

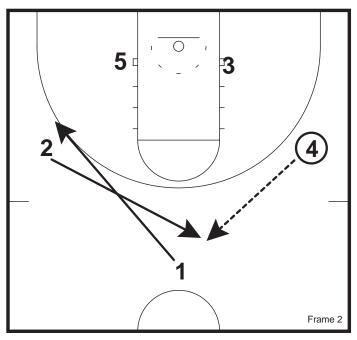




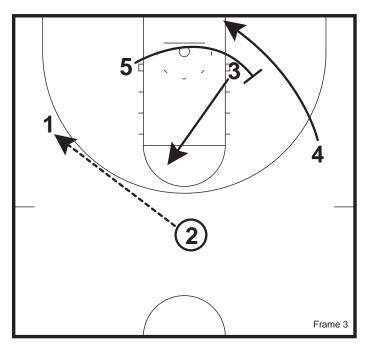
ZONE OFFENSE - EAGLE LOB



A lob play out of our regular zone offense look. 3 or 4 can play on the perimeter here, depending on whom we want to throw the lob to.



After 1 hits 4 an interchange occurs and 4 will reverse the ball to 2.



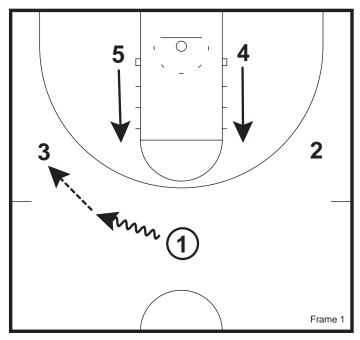
When 1 catches the ball the opposite post (the 3 man in this case) flashes to the ball side elbow as 5 goes and sets a back screen on the opposite forward in the zone for a lob to 4.

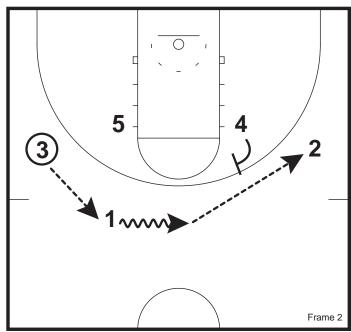






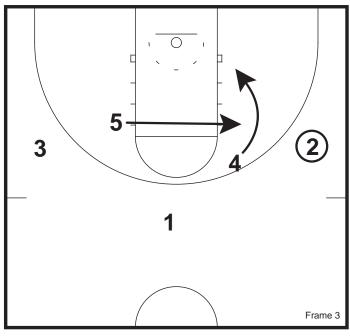
ZONE OFFENSE - FLARE INTO HIGH LOW - GENTRY





The ball is reversed as 4 "flare screens" for 2.

- 3 out 2 in alignment. 1 passes to 3.
- 5 and 4 flash high.

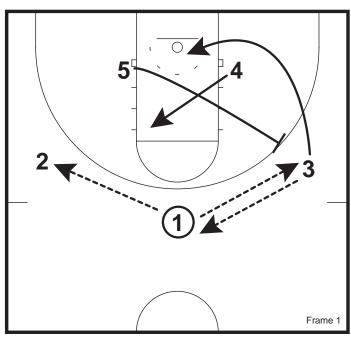


On the catch by 2, 4 dives to the low post, 5 flashes to the high post.





ZONE OFFENSE - LOB FOR 3



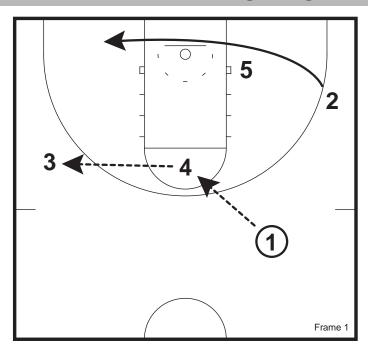
Off of ball reversal 4 flashes to the ball side elbow. As the ball is reversed 5 sprints to screen the opposite forward in the zone for a lob.



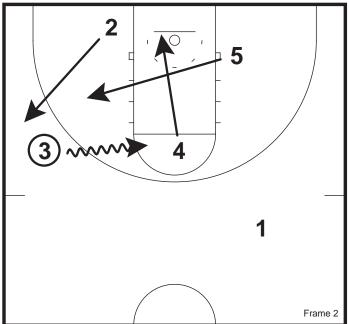




ZONE OFFENSE - LOOP

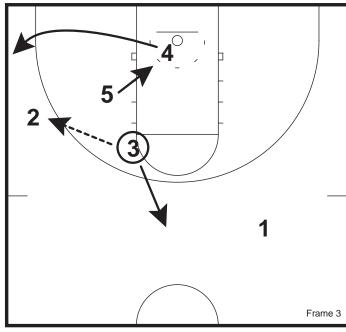


- 1 passes to 4 in the high post.
- 2 starts cut to the weakside corner.
- 4 swings quickly to 3 at elbow extended.

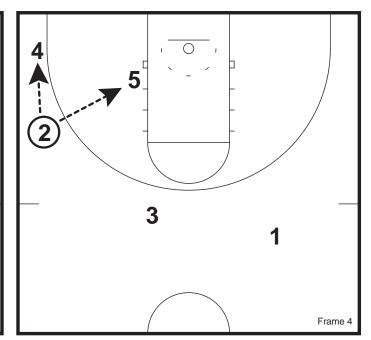


On the catch, 3 attacks the elbow.

- 2 fills into the wing.
- 4 starts cut to the short corner.



- 3 passes to 2.
- 4 is finishing cut to the short corner.
- 5 is posting mid-block.

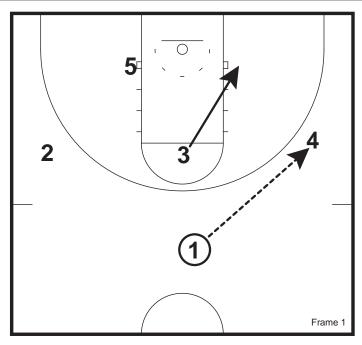


2 looks to feed 4 for a shot or dump to 5.





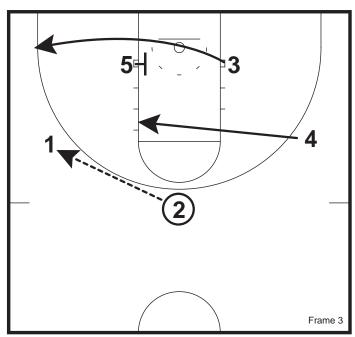
ZONE OFFENSE - PIN IN TO CORNER



5 3 1 Frame 2

An overload action out of our regular zone offense look.

1 and 2 interchange as the ball is reversed.



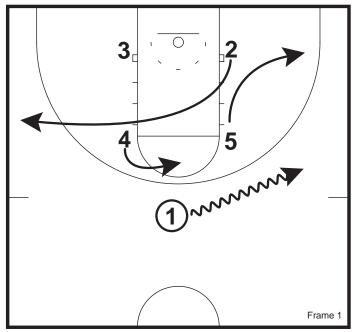
Once 1 has the ball we have them outnumbered on the strong side. We can go high-low with 4-5 or we can have a shot from 1, 2, or 3.

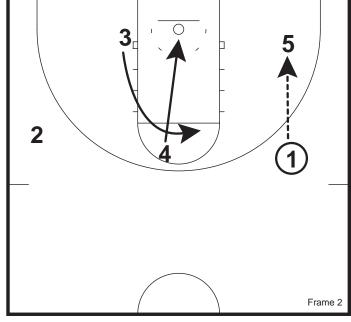






ZONE OFFENSE - POST CATCH VS. 1-2-2 ZONE





Box set. 1 bends the ball to the right wing.

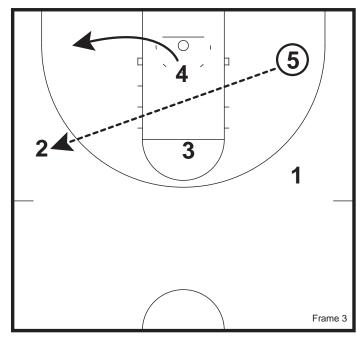
5 moves to the short corner, baseline area.

2 cuts to the opposite wing.

4 moves to the high post.

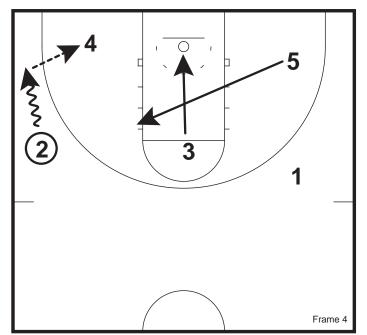
1 passes to 5.

On the catch by 5, 4 dives and 3 fills into the high post area.



5 skip passes to 2 opposite.

On the catch by 2, 4 continues into the ballside short corner area.



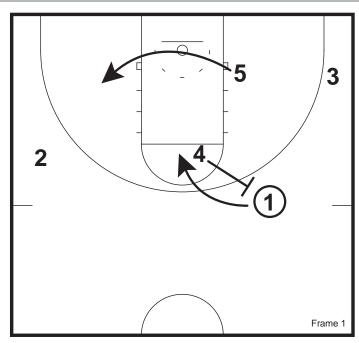
2 looks to get the ball to 4 along the baseline.

On the catch by 4, 3 dives and 5 cuts to fill the area in the high post.



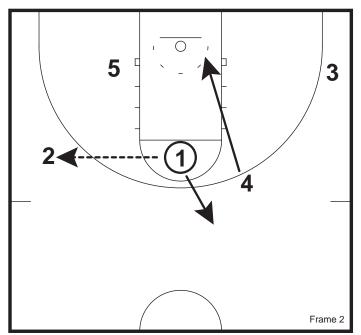


ZONE OFFENSE - PUNCH



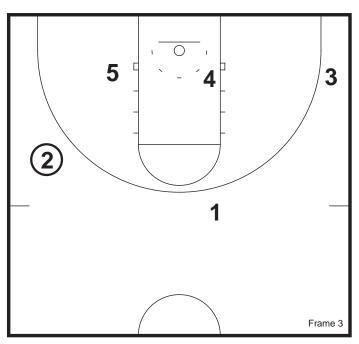
When 4 gets to the elbow, rather than posting, step out and screen on the ball for 1.

5 skates out as usual.



1 attacks the top of the zone to create drive and pitch for 2 or pull for a jumper.

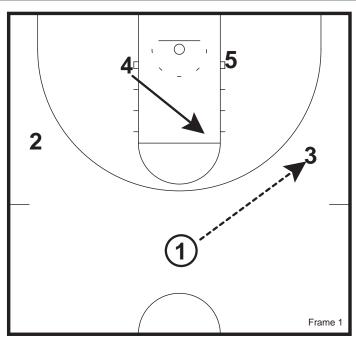
4 rolls after screening.



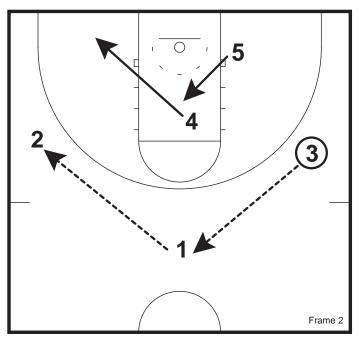
2 looks for 5 in the post, swings back to 1 or skips to 3.



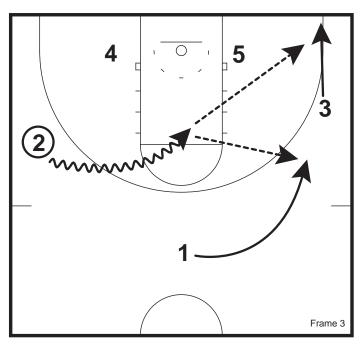
ZONE OFFENSE - REGULAR



Play starts with the big opposite the ball flashing toward the ballside elbow.



Post take turns flashing to middle

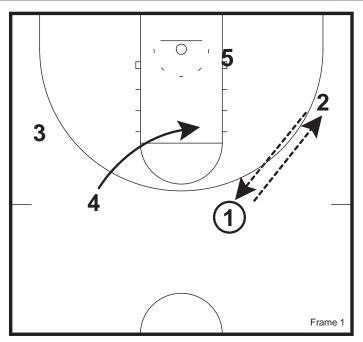


Looking to drive gaps and make 2 guard 1

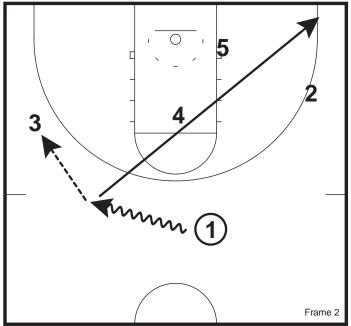




ZONE OFFENSE - SBS



4 flashes to the middle as 1 and 2 pass it back and forth.



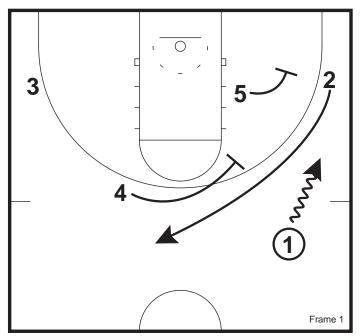
1 reverses the ball and then sprints through to the opposite corner.

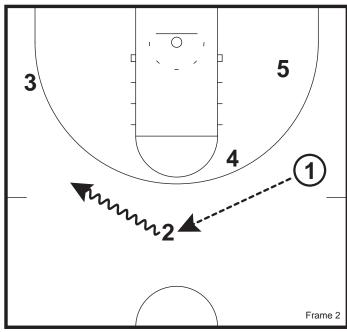


4 screens guard and we are looking to outnumber them on the drive.



ZONE OFFENSE - SCREEN BACKSIDE

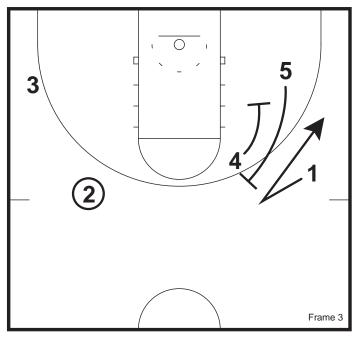


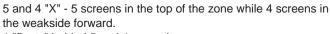


- # break alignment.
- 5 and 4 screen in the forward and top of the zone.
- 2 cuts off of the stagger.

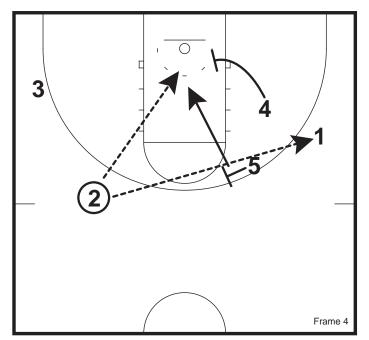
1 passes to 2.

2 dribbles towards 3.





1 "floats" behind 5 and 4 screening.

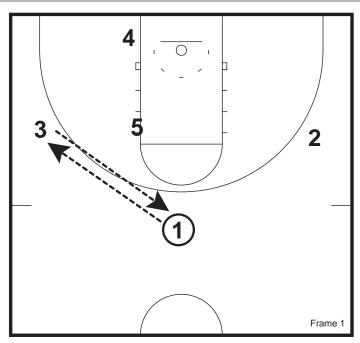


- 2 skip passes over the top 5 to 1.
- 5 can also slip to the post, looking for the pass.

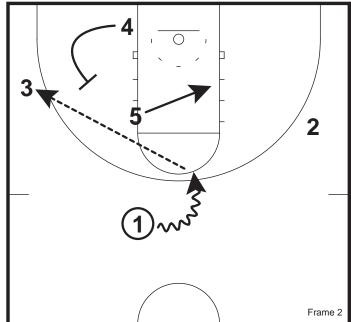




ZONE OFFENSE - SCREEN IN



1 hits 3 and 3 returns the ball to 1.



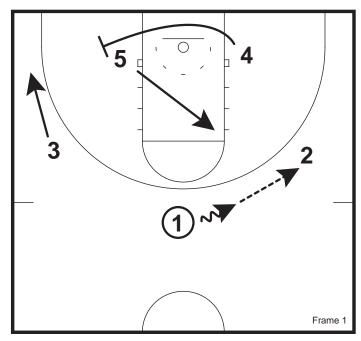
- 1 dribbles over to get the defense to start their rotation.
- 4 slides behind the forward guarding 3 and pins him in for a quick shot.

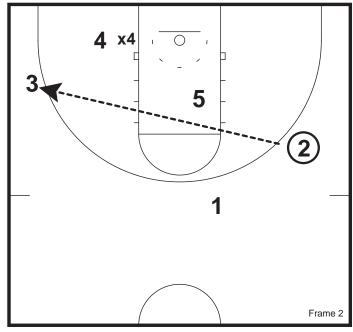




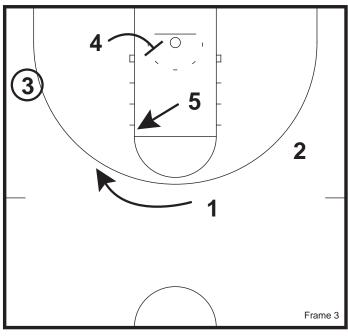


ZONE OFFENSE - SKIP AND SEAL - LARRY BROWN





- 3 out 2 in alignment.
- 1 passes to 2.
- 5 flashes middle as 4 seals the opposite forward.
- 2 skip passes to 3.
- If X4 fights through 4 screening, the pass can go directly to 4.



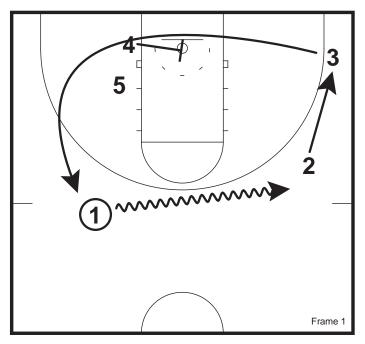
On the catch by 3, 4 posts the next defender and 5 flashes to the high post again.

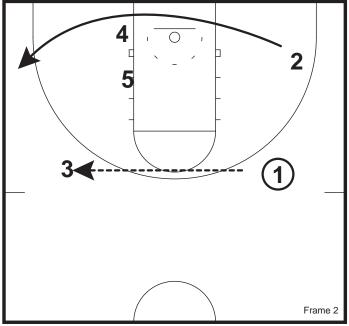






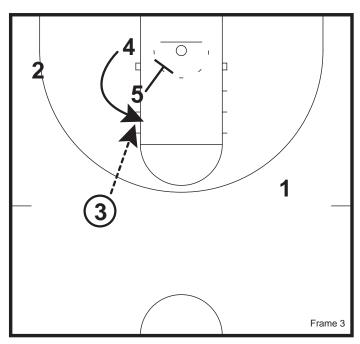
ZONE OFFENSE - STACK





1 dribbles over and pushes 2 down to the corner and 3 all the way through.

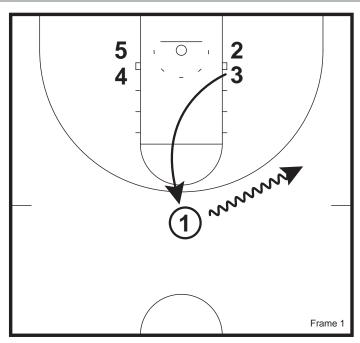
Ball is reversed to 3 while 2 sprints off a baseline screen from 4.



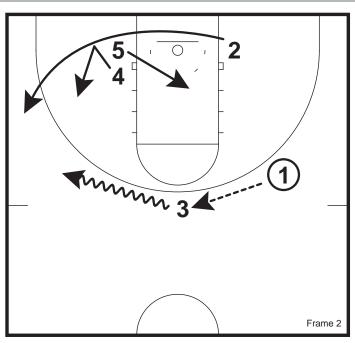
5 screens center of zone as 4 curls around.



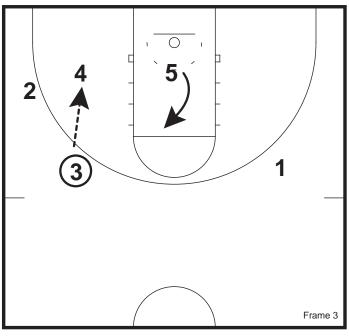
ZONE OFFENSE - STACKS / DIRECT TO 4 - COLSON







1 passes to 3.
On the catch by 3, 2 sprints off of the 5-4 stack.
3 is watching 2 as 2 cuts to the left wing.
As 2 runs by 5, 5 flashes middle.



By 5 flashing middle and 2 occupying the forward, 4 slips behind the defense for a direct pass from 3.